

## 詩歌選集第 219 首

219 【切莫急要去工作】

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(一)切莫急著要去工作，這只叫你挂慮增多；工作雖有時，禱告不也有時？要找個安靜之所，聽祂聲音，先與祂說；聖靈正召你：“跟我來得安息” “跟我來得安息，放下工作，跟我來得安息，好平靜你的心思，好充滿你的空虛。放下工作，跟我來得安息。”

(二)你是否被愁煩壓垮？你是否對明天憂慮？人生的壓力，是否擔當不起？將你挂慮卸給祂，祂要賜你完全安息；聖靈正召你：“跟我來得安息。” “跟我來得安息，放下工作，跟我來得安息，好平靜你的心思，好充滿你的空虛。放下工作，跟我來得安息。”

**(1) Don't you be in such a hurry,'Cause it only leads to worry,there's a time to work but there's a time to pray. Try to find a quiet place to hear His voice and seek His face. Can you hear the Spirit calling "come away"? Come away, come away come and spend some time with Me, come away. Let your heart and mind be stilled, let you empty cup be filled. Come and spend some time with Me, come away.**

**(2) Are you sinking in your sorrow, are you worried about tomorrow, are the pressures of this life too hard to bear? If you cast your cares on Him, He'll give you perfect peace within. Can you hear the Spirit calling " come away"? Come away, come away, come and spend some time with Me, come away, come and spend some time with Me, and My love will set you free. Come and spend some time with Me, come away.**

Morris Chapman and Tom Coomes